

What is claimed is:

1. A tape adapted to absorb and/or regulate vibration, comprising:
a multi-layer material comprising:
a first elastomeric layer of vibration absorbing material which is substantially free of voids therein;
a second elastomeric layer which includes an aramid material therein and that is disposed on the first elastomeric layer, wherein the aramid material distributes vibration to facilitate vibration dampening; and
a third elastomeric layer disposed on the second elastomeric layer.
2. The tape of claim 1, wherein the tape is configured for use on a handle of an implement.
3. The tape of claim 3, wherein the tape is configured for wrapping a portion of a person's body.
4. The tape of claim 3, wherein the tape is arranged in adjacent strips to form padding.
5. The tape of claim 3, wherein the tape is configured for wrapping a sporting implement.

6. The tape of claim 3, wherein the tape is configured for wrapping a butt or a stock of a firearm.
7. The tape of claim 1, wherein the tape is configured for use with a handle of any one of a handheld tool, a pneumatic tool, and a hydraulic tool.
8. The tape of claim 1, wherein the aramid material forms an open mesh.
9. The tape of claim 1, wherein the aramid material forms an imperforate sheet disposed within the second elastomeric layer.
10. The tape of claim 1, wherein the aramid material forms a plurality of individual strips that are substantially parallel to each other.
11. The tape of claim 10, wherein the plurality of individual strips are generally equally sized.
12. The tape of claim 1, wherein the aramid material forms a plurality of individual strips of different sizes that are substantially parallel to each other.
13. A vibration absorbing tape, comprising:

a first elastomeric layer adapted to absorb vibration, the first elastomeric layer being substantially free of voids therein;

a second elastomeric layer which includes an aramid material therein and that is disposed on the first elastomeric layer, the aramid material comprising a plurality of individual strips of aramid of different sizes, wherein the aramid material distributes vibration to facilitate vibration dampening, the second elastomeric layer being substantially free of voids therein;

a third elastomeric layer that is disposed on the second elastomeric layer, the third elastomeric layer being substantially free of voids.

14. A vibration absorbing tape, comprising:

a first layer adapted to absorb vibration and being formed by an elastomer that is substantially free of voids therein;

a second layer which includes an aramid material therein and that is disposed on the first layer, the aramid material comprising a plurality of individual strips of aramid of generally equal sizes, wherein the aramid material distributes vibration to facilitate vibration dampening, the second layer being substantially free of voids therein, the plurality of individual aramid strips being generally parallel to each other; and

a third layer formed by an elastomer that is substantially free of voids.